#### FIRST AID LEVEL I

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By law, 5% of the workforce on duty at any given time must be trained in First Aid and teams of at least 4 employees should practice working together and share responsibility.

Prompt first aid treatment can mean the difference between life and death for you or your colleagues.

practical skills needed to perform basic life support and first aid. Accredited

First Aid Training provides leaners with valuable skills that may allow them

#### Duration: 2 Days

Legislation: Sections 17 and 18 of the Occupational Health and Safety Act Objectives:

#### **SUBJECT AREAS**

- Medico legal theory .
- Anatomy & physiology
- . Primary survey
- Cardio pulmonary resuciation .
- Defibrillator •
- Choking .
- Secondary Survey
- Bleeding & wound dressing .
- Burns
- Fractures
- Epilepsy

- Clinical shock
- Asthma
- Stroke
- Heart attach .
- Diabetes
- Head, neck & Spinal injuries •
- . Environmental emergencies
- Posins
- Bites & stings



### BENEFITS



## WHAT YOU GET

The above-mentioned is projected graphically, is interactive and workshop orientated to ensure enhanced comprehension by all learners.

Course Participants will be provided with stationery, manuals and workbooks and refreshments. Upon success certificates will be issued.



FTS Safety Training Academy offers a variety of accredited training courses. Primary Accreditation Number: CETA ACC/18/05/00014. E&OE

