

# First Aid Level 1

FTS Safety offers a two day First Aid Level I training for unit standard 119567. This is the correct course for company compliance with the Department of Labour

Legally, at least 5% of the on-duty workforce must be trained in First Aid, and teams of at least four employees should collaborate and share responsibility. Quick and effective First Aid can be life-saving for you and your colleagues.

Duration: 2 Day

Legislation: Section 17 & 18 of the Occupational Health and Safety Act

FTS Safety's First Aid Level I Course provides learners with both theory and practical skills needed to perform basic life support and First Aid. Accredited through the department of labour and Health and Welfare Sector Educational Training Authority (HWSETA)

First Aid Training provides learners with valuable skills that may allow them to save the lives of family, colleagues and strangers in an emergency



## Benefits



Certification & Accreditation on completion



Graphic and interactive course design



Designed for positive practical results



Guaranteed value

## Subject Areas

- Medico Legal Theory
- Anatomy & Physiology
- Primary Survey
- Cardio Pulmonary Resuscitation
- Defibrillator
- Head, Neck & Spinal Injuries
- Secondary Survey
- bleeding & Wound Dressing
- Environmental Emergencies
- Fractures
- Epilepsy
- Clinical Shock
- Asthma
- Stroke
- Heart Attack
- Diabetes
- Choking
- Burns
- Poisons
- Bites & Stings

The above mentioned is projected graphically, is interactive and workshop oriented to ensure enhanced comprehension by all learners. Course participants will be provided with stationary, manuals, workbooks and refreshments. Upon completion certificates will be issued.

